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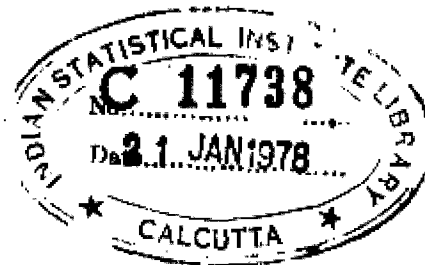
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THE NATIONAL SAMPLE SURVEY  
TWENTYSIXTH ROUND : JULY 1971 - JUNE 1972

NUMBER 258/10

CALORIE AND PROTEIN CONTENT OF FOOD ITEMS  
CONSUMED PER DIEM PER CONSUMER UNIT

ALL-INDIA RURAL



ISSUED BY

NATIONAL SAMPLE SURVEY ORGANISATION  
DEPARTMENT OF STATISTICS : MINISTRY OF PLANNING  
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NATIONAL SAMPLE SURVEY  
TWENTYSIXTH ROUND : JULY 1971 - JUNE 1972  
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CALORIE AND PROTEIN CONTENT  
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Introduction

1. In its twentysixth round of countrywide survey, National Sample Survey Organisation (NSSO) of India collected detailed information on expenditure incurred by a sample household on domestic consumption. Value and quantity of 401 listed items of food consumed during a period of 30 days preceeding the day of enquiry had been collected from the sample households.

2. Appropriate conversion factors<sup>1/</sup> were applied to the quantity of food items consumed for deriving the energy (calorie) and protein (in gm.) content of those. The total number of household members were then converted into consumer units, using the age-sex composition of the household members. All these conversions were done to arrive at the per diem intake of calorie and protein per consumer unit.

3. The general sample design is stratified with two-stage selection within each stratum. The first-stage units are villages in rural areas and blocks in urban areas; the second-stage units are households. The frame is the list of villages as per the 1961 population census for the rural areas, and towns and cities of the 1961 population census sub-divided into blocks are used as the frame for urban areas.

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\* This special tabulation work for the rural and urban areas of various states of India has been taken up by the NSSO to meet the requirement of the Food and Agriculture Organisation of the United Nations (FAO). Statewise results have been released in brochure numbers 258/1 to 258/9. Chart-1 on page 3 shows the appropriate brochure no. in which the results relating to a particular state is available. The present set of tables show the pooled estimates for all-India rural.

<sup>1/</sup> The conversion factors were mostly taken from - "The Nutritive Value of Indian Foods and the Planning of Satisfactory Diets" by C. Gopalan et. al. Special Report Series No. 42, Indian Council of Medical Research (1966).

Explanatory note on the Table

4. The estimated number of households in the rural/urban areas of a state has been grouped by two different characteristics - (i) caloric intake per diem per consumer unit and (ii) per capita monthly consumer expenditure. For each of these groups of households the table shows the - (a) number of households in the sample, (b) average size (number of persons) of household, (c) number of consumer units per household, (d) percentage of caloric intake from five broad food groups, (e) average intake of caloric and protein (gm.) per consumer unit per diem.

2. The grouping of classificatory characters are as shown below :-

A. Calorie intake per diem per consumer unit group

(1) upto - 1500, (2) 1501 - 1700, (3) 1701 - 1900, (4) 1901-2100,  
(5) 2101 - 2300, (6) 2301 - 2500, (7) 2501 - 2700, (8) 2701-3000,  
(9) 3001 - 3500, (10) 3501 - 4000, (11) 4001 & above and  
(12) all groups;

B. Per capita monthly consumer expenditure (in rupees) group

(1) 00 - 15, (2) 15 - 21, (3) 21 - 24, (4) 24 - 28, (5) 29 - 31,  
(6) 34 - 43, (7) 43 - 55, (8) 55 - 75, (9) 75 - 100, (10) 100 and  
above and (11) all classes;

[ 00 - 15 means 00 - 14.99, 15 - 21 means 15 - 20.99 and so on ]

C. Food groups

- I - cereals, potato, sugar, jaggery and cereal substitutes;
- II - pulses, nuts and seeds;
- III - milk and milk products; meat, egg and fish;
- IV - edible oils;
- V - fruits, vegetables, spices and prepared food.

D. Conversion of individuals to consumer units

age (in years)	consumer unit/s	
	male	female
under 1	0.43	0.43
1 - 3	0.54	0.54
4 - 6	0.72	0.72
7 - 9	0.87	0.87
10 - 12	1.03	0.93
13 - 15	0.97	0.80
16 - 19	1.02	0.75
20 - 39	1.00	0.71
40 - 49	0.95	0.68
50 - 59	0.90	0.64
60 - 69	0.80	0.51
70 +	0.70	0.50

CHART-1 : REFERENCE OF RESULTS RELATING TO DIFFERENT STATES PRESENTED IN THE SERIES OF BROCHURE NOS. 258/1 to 258/10\*.

state/union territory	serial number of state/union territory	brochure number	
		rural	urban
(1)	(2)	(3)	(4)
Andhra Pradesh	1	258/7	258/9
Assam	2	258/1	258/1
Bihar	3	258/1	258/1
Gujarat	4	258/2	258/5
Haryana	5	258/6	258/8
Himachal Pradesh	6	258/8	258/8
Jammu & Kashmir	7	258/6	258/8
Kerala	8	258/7	258/9
Madhya Pradesh	9	258/2	258/5
Maharashtra	10	258/3	258/6
Meghalaya	11	258/4	258/4
Mysore	12	258/7	258/9
Nagaland	13	-	258/4
Orissa	14	258/3	258/3
Punjab	15	258/6	258/8
Rajasthan	16	258/2	258/5
Tamil Nadu	17	258/7	258/9
Uttar Pradesh	18	258/6	258/8
West Bengal	19	258/3	258/3
Chandigarh	20	-	258/8
Delhi	21	258/8	258/8
Goa, Daman, Diu	22	258/4	258/5
Manipur	23	258/4	258/4
Pondicherry	24	258/7	258/9
Tripura	25	258/7	258/9
All-India	26	258/10	

\* Brochure, No.258A entitled 'A Note on the Procedure of Estimation of Calorie & Protein consumption level from the Information Collected in Consumer Expenditure Survey, NSS 26th round,' has also been brought out in this series.

ERRATA

brochure no.	page	line	column	original	corrected
258/2	3	12 (all groups)	5	11.96	78.24
"	3	12	6	22.89	5.66
"	3	12	7	30.02	7.16
"	3	12	8	24.23	6.08
"	3	12	9	10.90	2.86
"	14	12	5	57.30	77.88
"	14	12	6	31.35	14.75
"	14	12	7	4.71	2.89
"	14	12	8	4.01	2.60
"	14	12	9	2.63	1.88
258/5	3	11	2	7	107
"	3	12	2	7	747
"	14	12	3	21.37	4.98
"	34	5	11	21.87	2187
"	34	6	11	24.12	2412
"	35	12	11	43.42	4342

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National Sample Survey : 26th Round : July 1971 - June 1972 (special tabulation for FAO)

TABLE (25.0/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD-GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA No. of sample villages:4200 Per capita monthly expenditure group : all expenditure classes

calorie intake per diem per consumer unit	no. of sample house- hold	average house- hold size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto - 1500	651	6.16	5.01	85.60	4.30	2.37	3.15	4.58	100.00	1221	35
1501 - 1700	455	5.94	4.77	86.89	4.05	2.45	3.16	3.44	100.00	1604	45
1701 - 1900	576	5.93	4.75	86.73	4.11	2.57	3.21	3.38	100.00	1801	52
1901 - 2100	762	5.86	4.71	86.03	4.47	2.64	3.47	3.39	100.00	2002	57
2101 - 2300	854	5.95	4.79	85.31	5.21	2.94	3.47	3.07	100.00	2203	64
2301 - 2500	947	5.65	4.51	85.37	4.89	3.55	3.33	2.86	100.00	2399	70
2501 - 2700	882	5.73	4.55	84.40	5.18	3.98	3.53	2.91	100.00	2599	77
2701 - 3000	1234	5.43	4.31	84.65	5.54	4.05	3.01	2.75	100.00	2842	84
3001 - 3500	1774	5.21	4.13	84.07	5.45	4.60	3.16	2.72	100.00	3227	96
3501 - 4000	1174	4.94	3.92	82.88	6.23	4.75	3.35	2.79	100.00	3717	111
4001 & above	2159	4.35	3.42	74.50	12.47	6.12	5.41	3.47	100.00	5248	170
all groups	11468	5.39	4.29	82.43	7.34	4.56	3.46	2.21	100.00	2724	76



National Sample Survey : 28th Round, July 1971-June 1972 (special tabulation for FAO)

TABLE (26.1/R). PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA

Per capita monthly expenditure group : Rs. 00-15

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (Gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto - 1500	267	6.44	5.16	90.10	3.03	1.44	2.43	3.00	100.00	1164	35
1501 - 1700	62	6.51	5.00	93.00	2.11	1.38	1.70	1.81	100.00	1586	47
1701 - 1900	41	5.87	4.56	93.56	2.79	0.38	1.66	1.61	100.00	1794	55
1901 - 2100	26	5.85	4.52	92.62	3.84	0.73	1.43	1.38	100.00	1997	67
2101 - 2300	8	5.38	4.21	93.55	2.41	0.36	0.51	3.17	100.00	2160	61
2301 - 2500	17	6.89	5.17	91.58	2.89	2.25	2.02	1.26	100.00	2387	74
2501 - 2700	6	6.98	5.16	86.75	9.26	0.21	1.97	1.81	100.00	2606	84
2701 - 3000	5	4.55	3.52	93.25	1.53	0.79	0.54	3.89	100.00	2846	93
3001 - 3500	3	5.14	3.86	99.54	-	0.02	0.42	0.02	100.00	3004	95
3501 - 4000	4	5.22	4.09	54.53	43.52	1.08	0.29	0.58	100.00	3765	180
4001 & above	5	6.40	4.82	48.34	50.03	0.55	0.60	0.48	100.00	4459	215
<b>all groups</b>	<b>444</b>	<b>6.33</b>	<b>4.99</b>	<b>89.40</b>	<b>5.16</b>	<b>1.22</b>	<b>1.95</b>	<b>2.27</b>	<b>100.00</b>	<b>1493</b>	<b>46</b>

National Sample Survey : 26th Round, July 1971-June 1972 (special tabulation for FAO)

TABLE (26.2/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD-GROUPS AND AVERAGE PROTEIN INTAKE (Gm.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EMPENDITURE CLASSES

ALL-INDIA

Per capita monthly expenditure group : Rs. 15-21

calorie intake per diem per consumer unit	no. of sample house- holds	average house- hold size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (Gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto - 1500	218	6.07	5.06	85.71	4.65	2.09	3.37	4.18	100.00	1260	35
1501 - 1700	192	5.04	4.87	88.29	3.91	1.94	2.79	3.07	100.00	1597	44
1701 - 1900	189	5.90	4.71	89.94	3.54	1.28	2.63	2.61	100.00	1798	52
1901 - 2100	190	6.32	4.98	90.14	3.37	1.40	2.60	2.49	100.00	1999	60
2101 - 2300	132	6.02	4.71	90.44	3.57	1.46	2.32	2.21	100.00	2201	67
2301 - 2500	107	5.62	4.34	89.75	3.84	2.44	2.17	1.80	100.00	2376	73
2501 - 2700	69	5.95	4.62	91.02	3.95	1.68	1.90	1.45	100.00	2596	86
2701 - 3000	47	5.29	3.96	89.48	5.86	0.90	1.77	1.99	100.00	2810	86
3001 - 3500	32	5.62	4.41	94.39	1.86	1.07	1.16	1.52	100.00	3159	100
3501 - 4000	15	5.63	4.33	80.87	16.09	0.30	0.82	1.92	100.00	3723	138
4001 & above	16	5.03	3.85	42.65	47.73	4.41	2.35	2.86	100.00	5380	282
all groups	1207	5.97	4.74	88.17	5.13	1.70	2.46	2.54	100.00	1957	60

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National Sample Survey : 26th Round, July 1971-June 1972 (special tabulation for FAO)

TABLE (26.3/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (Gm.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA

Per capita monthly expenditure group : Rs.21-24

calorie intake per diem per consumer unit	no. of sample house holds	average house-hold size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto - 1500	55	5.90	4.76	81.51	5.23	4.08	3.46	5.72	100.00	1372	40
1501 - 1700	74	5.97	4.85	86.11	3.82	2.13	3.84	4.10	100.00	1618	45
1701 - 1900	110	5.95	4.76	87.03	4.06	3.04	2.89	2.98	100.00	1799	52
1901 - 2100	111	6.03	4.81	87.98	4.07	1.89	3.02	3.01	100.00	2010	58
2101 - 2300	116	5.96	4.76	88.63	4.73	1.81	2.54	2.29	100.00	2189	63
2301 - 2500	98	6.22	4.88	88.58	4.87	1.78	2.72	2.05	100.00	2378	73
2501 - 2700	70	6.23	4.94	87.31	3.91	2.45	4.26	2.07	100.00	2581	76
2701 - 3000	83	6.00	4.68	91.50	3.76	1.61	1.77	1.36	100.00	2832	86
3001 - 3500	61	6.17	4.75	88.90	6.79	1.27	1.55	1.49	100.00	3235	113
3501 - 4000	16	5.79	4.52	85.01	11.27	0.71	1.63	1.38	100.00	3630	119
4001 & above	19	5.67	4.32	70.49	25.24	0.61	1.73	1.93	100.00	5004	190
all groups	813	6.03	4.78	87.54	5.46	1.95	2.66	2.39	100.00	2287	69

National Sample Survey : 26th Round, July 1971-June 1972 (special tabulation for FAO)

TABLE (26.4/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD-GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA

Per capita monthly expenditure group : Rs. 24-28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto - 1500	45	6.20	4.97	77.79	7.00	4.18	3.25	7.78	100.00	1279	34
1501 - 1700	56	5.51	4.50	80.93	5.90	4.70	4.21	4.26	100.00	1619	44
1701 - 1900	82	6.39	5.10	84.23	4.56	3.45	4.24	3.52	100.00	1799	51
1901 - 2100	172	5.65	4.58	85.42	4.92	2.91	3.52	3.23	100.00	2001	56
2101 - 2300	163	5.88	4.71	86.71	5.21	2.25	3.28	2.55	100.00	2202	59
2301 - 2500	176	5.74	4.60	87.74	4.10	2.92	2.78	2.46	100.00	2402	71
2501 - 2700	123	6.18	4.77	87.02	4.95	3.36	2.83	1.84	100.00	2599	77
2701 - 3000	143	5.90	4.60	86.95	6.06	2.70	2.27	2.02	100.00	2824	85
3001 - 3500	131	4.73	3.66	88.85	4.95	2.07	2.19	1.94	100.00	3209	98
3501 - 4000	46	5.19	3.97	85.88	5.69	2.20	1.73	4.50	100.00	3653	116
4001 & above	37	4.47	3.41	64.92	29.99	1.47	1.35	2.27	100.00	5037	213
<b>all groups</b>	<b>1174</b>	<b>5.70</b>	<b>4.51</b>	<b>85.61</b>	<b>6.11</b>	<b>2.76</b>	<b>2.81</b>	<b>2.71</b>	<b>100.00</b>	<b>2431</b>	<b>73</b>

National Sample Survey : 26th Round, July 1971-June 1972 (special tabulation for FAO)

TABLE (26.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD-GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA

Per capita monthly expenditure group : Rs. 28-34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto - 1500	33	5.68	4.61	73.59	5.09	3.87	4.98	12.47	100.00	1216	33
1501 - 1700	38	5.27	4.35	80.28	5.77	5.07	4.49	4.39	100.00	1614	43
1701 - 1900	86	6.12	4.99	82.63	4.76	4.46	4.15	4.00	100.00	1813	50
1901 - 2100	131	5.80	4.74	83.38	5.38	3.62	3.97	3.65	100.00	2007	55
2101 - 2300	204	6.08	4.93	83.57	5.41	3.80	3.94	3.28	100.00	2201	62
2301 - 2500	219	5.65	4.54	85.28	5.01	3.35	3.62	2.74	100.00	2399	69
2501 - 2700	201	5.58	4.48	85.62	5.28	3.15	3.30	2.65	100.00	2606	76
2701 - 3000	293	5.46	4.28	86.21	5.09	3.45	2.86	2.39	100.00	2842	85
3001 - 3500	297	5.60	4.43	86.75	5.28	3.11	2.55	2.31	100.00	3223	97
3501 - 4000	134	5.01	3.83	88.14	5.15	2.60	2.51	1.60	100.00	3698	115
4001 & above	112	4.94	3.81	77.95	18.95	1.44	2.30	1.36	100.00	4658	168
all groups	1748	5.57	4.44	84.81	6.34	3.16	3.10	2.59	100.00	2734	82

sq.

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National Sample Survey : 26th Round, July 1971 - June 1972 (special tabulation for FAO)

TABLE (26.6/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD-GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA

Per capita monthly expenditure group : Rs. 34-43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto - 1500	16	5.23	4.37	65.27	9.99	8.90	7.26	8.58	100.00	1042	29
1501 - 1700	21	5.14	4.01	78.28	7.95	3.95	4.85	4.97	100.00	1634	48
1701 - 1900	32	5.96	4.91	81.37	5.81	3.43	3.72	5.67	100.00	1799	51
1901 - 2100	81	5.42	4.40	77.41	5.16	5.40	5.11	6.92	100.00	1993	54
2101 - 2300	147	5.85	4.79	81.57	5.62	4.61	4.30	3.90	100.00	2209	62
2301 - 2500	153	5.43	4.43	81.74	5.44	5.39	4.22	3.21	100.00	2423	68
2501 - 2700	221	5.58	4.50	83.01	5.65	4.13	4.22	2.99	100.00	2598	74
2701 - 3000	311	5.57	4.51	83.52	6.20	4.54	3.28	2.46	100.00	2845	82
3001 - 3500	489	5.46	4.31	85.14	5.06	4.38	3.15	2.27	100.00	3210	93
3501 - 4000	273	5.18	4.09	86.23	5.12	3.76	2.73	2.16	100.00	3725	112
4001 & above	281	4.12	3.16	77.13	11.40	3.68	3.30	4.49	100.00	5053	168
all groups	2028	5.26	4.20	82.58	6.63	4.25	3.44	3.10	100.00	3127	93

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National Sample Survey : 26th Round, July 1971 - June 1972 (special tabulation for FAO)

TABLE (26.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD-GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA

Per capita monthly expenditure group : Rs. 43-55

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto - 1500	5	4.17	3.38	60.44	7.48	11.03	9.49	11.61	100.00	1234	33
1501 - 1700	7	6.12	5.19	71.88	3.43	4.28	5.53	14.88	100.00	1651	37
1701 - 1900	25	5.26	4.42	74.38	7.42	5.53	5.69	5.98	100.00	1828	51
1901 - 2100	31	5.00	4.29	74.01	7.53	5.08	7.38	6.00	100.00	1990	58
2101 - 2300	55	5.55	4.61	76.74	8.34	4.53	5.78	4.61	100.00	2217	64
2301 - 2500	106	5.35	4.50	78.88	7.07	5.19	4.81	4.05	100.00	2406	67
2501 - 2700	109	5.57	4.55	79.44	5.85	6.79	4.16	3.76	100.00	2598	74
2701 - 3000	197	4.98	4.02	80.30	5.48	6.88	4.09	3.25	100.00	2864	82
3001 - 3500	375	5.10	4.10	81.50	5.73	6.07	3.87	2.83	100.00	3244	94
3501 - 4000	312	5.25	4.19	82.35	5.73	5.79	3.75	2.38	100.00	3735	108
4001 & above	433	5.48	5.04	79.51	11.02	4.36	2.59	2.52	100.00	4828	153
<b>all groups</b>	<b>1655</b>	<b>5.10</b>	<b>4.08</b>	<b>80.30</b>	<b>7.81</b>	<b>5.39</b>	<b>3.59</b>	<b>2.91</b>	<b>100.00</b>	<b>3513</b>	<b>105</b>

National Sample Survey : 26th Round, July 1971 - June 1972 (special tabulation for FAO)

TABLE (26.8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD-GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA											
Per capita monthly expenditure group : Rs. 55-75											
calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto - 1500	5	2.91	2.74	65.44	5.36	8.26	13.61	7.33	100.00	1384	44
1501 - 1700	1	2.07	1.71	80.25	2.68	10.98	3.84	2.25	100.00	1627	41
1701 - 1900	5	4.42	3.88	83.70	3.33	4.49	3.50	4.98	100.00	1849	60
1901 - 2100	17	4.94	4.36	72.94	6.42	5.70	7.76	7.18	100.00	2049	57
2101 - 2300	25	7.91	6.50	75.60	7.79	5.08	4.54	6.99	100.00	2292	63
2301 - 2500	50	5.25	4.44	71.05	7.45	8.90	5.71	6.89	100.00	2401	72
2501 - 2700	54	4.59	3.72	73.25	6.14	9.10	3.94	7.57	100.00	2605	76
2701 - 3000	103	5.04	4.14	78.03	5.43	7.28	4.97	4.29	100.00	2974	82
3001 - 3500	245	4.71	3.85	77.70	6.36	7.53	4.40	4.01	100.00	3258	93
3501 - 4000	226	4.47	3.65	79.11	6.28	6.49	4.09	4.03	100.00	3718	104
4001 & above	578	4.32	3.46	75.56	11.45	6.36	3.50	3.13	100.00	5086	160
<b>all groups</b>	<b>1319</b>	<b>4.56</b>	<b>3.70</b>	<b>76.38</b>	<b>9.24</b>	<b>6.71</b>	<b>3.93</b>	<b>3.74</b>	<b>100.00</b>	<b>4016</b>	<b>121</b>



National Sample Survey 1 26th Round, July 1971 - June 1972 (special tabulation for FAO)

TABLE (26.9/R): PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA

Per capita monthly expenditure group: Rs. 75-100

calorie intake per diem per consumer unit	no. of sample house- holds	average house- hold size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto - 1500	5	3.14	2.71	81.12	1.81	0.39	2.64	14.04	100.00	1144	29
1501 - 1700	-	-	-	-	-	-	-	-	-	-	-
1701 - 1900	1	5.17	4.17	86.45	6.47	0.97	4.34	1.77	100.00	1709	52
1901 - 2100	2	5.50	4.50	77.78	4.86	6.00	7.93	3.43	100.00	2019	62
2101 - 2300	2	3.88	2.94	72.20	19.48	0.99	4.57	2.76	100.00	2271	75
2301 - 2500	13	1.52	1.44	45.53	6.30	3.56	5.32	39.29	100.00	2439	64
2501 - 2700	17	5.22	4.23	72.29	5.54	11.14	4.26	6.77	100.00	2620	77
2701 - 3000	35	4.30	3.46	69.54	7.37	8.61	3.87	10.61	100.00	2849	83
3001 - 3500	88	4.26	3.43	74.46	7.02	8.26	4.91	5.35	100.00	3275	95
3501 - 4000	94	3.81	3.19	71.94	7.96	9.02	6.28	4.80	100.00	3742	105
4001 & above	341	4.07	3.29	74.35	10.69	8.23	3.87	2.30	100.00	5500	172
all groups	598	4.07	3.31	73.77	9.71	8.40	4.29	3.83	100.00	4574	139

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National Sample Survey : 26th Round, July 1971- June 1972 (special tabulation for FAO)

TABLE (26.10/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD-GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA

Per capita monthly expenditure group : Rs. 100 & above

calorie intake per diem per consumer unit	no. of sample house- holds	average house- hold size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
				(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
upto - 1500	2	4.14	3.00	4.42	-	12.63	-	82.95	100.00	1029	24
1501 - 1700	1	6.00	4.50	67.24	13.09	6.43	4.42	8.82	100.00	1526	39
1701 - 1900	5	1.61	1.41	24.22	-	0.74	2.16	72.88	100.00	1829	44
1901 - 2100	1	3.05	2.65	92.28	-	4.69	1.41	1.62	100.00	2043	66
2101 - 2300	2	4.14	3.57	23.03	21.80	19.40	16.23	20.04	100.00	2212	85
2301 - 2500	8	3.15	2.62	63.19	9.08	5.07	2.42	19.94	100.00	2438	61
2501 - 2700	12	4.57	3.65	52.28	6.98	15.35	7.52	17.92	100.00	2613	80
2701 - 3000	17	1.18	1.14	20.75	3.47	4.68	2.80	68.30	100.00	2844	75
3001 - 3500	53	3.17	2.60	63.50	5.85	13.76	4.61	12.28	100.00	3309	97
3501 - 4000	44	3.38	2.80	65.06	9.57	9.36	7.11	8.90	100.00	3714	101
4001 & above	337	3.68	2.95	67.03	10.40	11.28	5.07	6.22	100.00	7297	216
all groups	482	3.52	2.84	66.04	9.95	11.33	5.15	7.53	100.00	6181	182